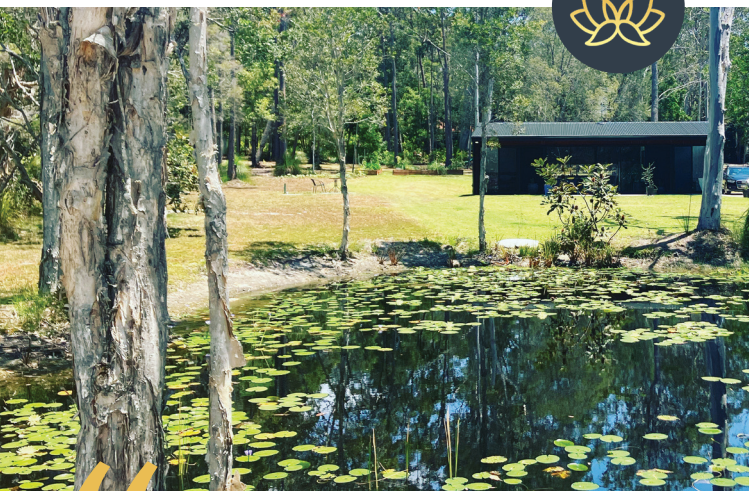


Comprehensive Mental Health Care for Women

Specialising in Holistic
Psychology Services



*Between stimulus and response there is a space.
In that space is our power to choose our response.
In our response lies our growth and our freedom.*

- VICTOR FRANKL



INNER LIGHT
PSYCHOLOGY

Empowering Women's Mental
Health Through Evidence Based
Integrative Care

Ph: 0408 814 715

E: drsclarkepsychology@gmail.com

www.innerlightpsychology.com.au

Services Offered

- Depression and anxiety treatment
- Eating challenges, including weight management
 - Trauma and addiction therapy
- Chronic illness and health challenges
 - Antenatal and postnatal care
- Perimenopause and menopause support



Holistic approach integrating mind,
body and spirit

Private retreat inspired clinic just for
women

Telehealth options to support
accessibility for all women

Collaboration:

Dedicated to working closely with GP's and
Allied Health Practitioner to ensure best care
for women

Dr Samantha Clarke (PhD) Clinical Psychologist

With over 20 years of experience, Samantha is passionate in supporting women in reclaiming their health and creating a life of personal meaning and fulfilment.



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