MENU

MON-FRI: 6AM-2PM & SAT: 6AM-12:00PM

SANDWICHES

RFC

All items on your choice of bagel or sourdough. Gluten-free available on request.

smokey bacon with egg, aged cheddar, and a drizzle of smokey BBQ sauce	\$12.00
BERT smokey bacon with egg, rocket, tomato, and a dash of house-made chutney	\$12.00

CLASSIC BLT	\$11.00
smokey bacon, lettuce, tomato, and a dash of	

smokey bacon, lettuce, tomato, and a dash ot house-made aioli

ENGLISH MUFFIN	\$10.00
smokey bacon, aged cheddar, and egg served on a	

smokey bacon, aged cheddar, and egg served on a house baked muffin with a drizzle of BBQ sauce

HUMMUS AND HALOUMI	\$11.50
house-made hummus with fried haloumi and a	

house-made hummus with tried haloumi and a dash of pepper

REUBEN \$15.00 generous serving of house-made corned beef,

generous serving ot house-made corned beet, aged cheddar, pickles, and a drizzle of aioli

THE TOASTIE \$11.00

sourdough bread with layers of smokey ham, tomato, and aged cheddar with a dash of dijon mustard

VEGAN \$12.50

crispy smoked cauliflower patty, lettuce, tomato, capsicum, red onion, cucumber, and radish served with house-made hummus and chutney. substitute paddy with an egg at no cost



DID YOU KNOW?

ALL OF OUR MEATS ARE NITRATE FREE AND OUR EGGS ARE SOURCED FROM PASTURE FARMS!

OTHERS

\$12.00

BAGEL OR SOURDOUGH	\$6.50
with your choice of butter, peanut butter, honey,	
jam, cream cheese, or vegemite	

FRUIT TOAST \$	6.50
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CHICKPEA SALAD BOWL \$13.00

chickpeas, marinated feta, red onion, capsicum, cucumber, cherry tomatoes, fresh olives, and radish tossed with balsamic vinegar. served with a slice of fresh sourdough and hummus

AVOCADO & FETA \$13.50

avocado with cherry tomatoes and organic feta marinated in olive oil, thyme and rosemary

Whilst extreme care is taken, please note that all items are prepared in a kitchen where nuts and gluten are used.



EXTRAS

HALOUMI, BACON	\$5.00
AVOCADO, EGG, HUMMUS, SALADS, CHEESE	\$4.00
CHUTNEY	\$1.50
COMPLIMENTARY SAUCE tomato sauce, bbq sauce, aioli, sweet-chili	

SEE OUR CABINET FOR A SELECTION OF SAVOURY AND SWEET TREATS!